

# A Special Issue of Dr. Kathy’s Corner

September 13, 2019

*Difficult roads often lead to beautiful destinations. – Zig Ziglar*

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Six years ago, when I came to Florida to walk alongside you, our physicians and advanced practice professionals, I had no idea where the path would lead. Over the years you have graciously allowed me a glimpse into your world and shared the challenges you face, challenges created by a broken healthcare system. I am honored and humbled by the courage and perseverance you exhibit every day.

Thank you for the privilege of trusting me with your stories and for allowing me a place to share mine.

With hearts full of gratitude from the years spent with you all, my husband, Tim, and I have decided it is time for us to retire. October 4, 2019 will be my last day as director of the Center for Physician Wellbeing. The good-byes have started. They have afforded me the opportunity to revisit with some of you the work you have done to be more the person you want to be personally and professionally.

I respect and honor that work, celebrate your successes, and hope that your resilience and passion to do the right thing for patients will ignite the changes that healthcare needs from the only group who can make that happen. You!

For me, the journey has had difficult moments and opportunities to practice what I preach, breath and live mindfully! There have been beautiful moments shared with so many of you and I will carry them forward in my heart to the destinations that await. I want to close with the following, to be loyal to my tradition of ending all workshops:

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## *An Irish Blessing: Unknown Celtic Author*

I wish you not a path devoid of clouds,  
Nor a life on a bed of roses,  
Nor that you might never feel pain.

No, that is not my wish for you.

My wish for you is:

That you might be brave in times of trial,  
When others lay crosses upon your shoulders.  
When mountains must be climbed, and chasms  
are to be crossed;  
When hope scarce can shine through.

That every gift God gave you might grow along  
with you

And let you give the gift of joy to all who care for  
you.

That you may always have a friend who is worth  
that name,

Whom you can trust, and who helps you in times  
of sadness.

Who will defy the storms of daily life at your  
side.

One more wish I have for you:

That in every hour of joy and pain  
You may feel God close to you.

This is my wish for you, and all who care for you.  
This is my hope for you, now and forever.

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Thank you for all you do!

- *Kathy*

We will be updating our website, [thecpw.org](http://thecpw.org), with more information regarding changes to the Center for Physician Wellbeing during this time of transition.