

*Life can still be beautiful, meaningful, fun, and fulfilling even if things don't turn out the way you planned. – Lori Deschene*

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For a couple of weeks every summer we host a big family “staycation” with all my kids and grandkids. It’s the one time a year we all get to be together. Over the years we’ve created various rituals like boating, craft projects, and plenty of pool time. We had so many plans and I couldn’t wait to get going!

Of course, life has a way of not always going according to our plans.

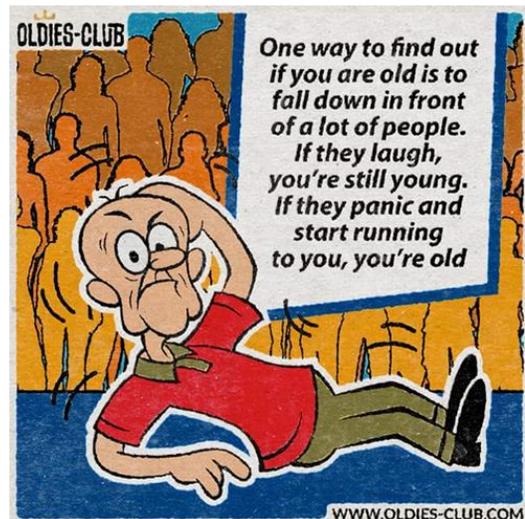
An injury, a rush to the emergency department, and one surgery later, my “staycation” wasn’t exactly going the way I had hoped.

Even though my hospital adventure hadn’t been part of our plans, I found a silver lining. Everyone I encountered, from check-in to post-op treated me and my family like their own. My hospital room was a buzz with docs going out of their way to check in, making sure I was being taken care of.

“This is my doctor,” one physician announced. “She has taken care of me and now we’re going to take care of her.”

At the Center for Physician Wellbeing we don’t always get to hear what our impact is or if anyone knows we even exist. We want everyone who comes to the Center to feel like they are known and listened to and we hope everyone who comes through our doors feels the same way I did while I was under their care.

Although all my plans had gone out the window (and I was in quite a bit of pain) it was so affirming to see our community of docs in action. And I want you all to know that you do make a difference, not just in my life but in all those you take care of.



Thank you for all that you do! *Kathy*



**The Center for  
Physician Wellbeing**  
*Honoring the Expertise and Humanity  
of Physicians*

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